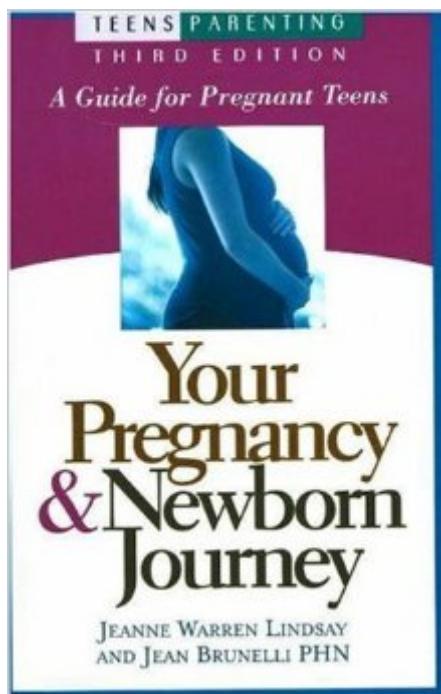


The book was found

# Your Pregnancy & Newborn Journey: A Guide For Pregnant Teens (Teen Pregnancy And Parenting Series)



## Synopsis

Sharing experiences and insights that will help other teens face the realities of impending parenthood, pregnant and parenting teens offer young expectant mothers advice for carrying and delivering a healthy baby. Medical concerns such as fetal development, nutrition, and risks related to smoking, alcohol, and drugs are discussed, and labor and delivery are described in detail—often through the words of teenagers who have already delivered. Focusing on the needs of the young mother and those of her partner, this guide also stresses the importance of staying in school, graduating, and gaining job skills. Including numerous quotes from teenage fathers, but sensitive to the fact that many pregnant teens do not have a positive relationship with their baby's father, this book provides knowledge that will improve a young mother's chances of having a satisfying experience with or without a partner's assistance.

## Book Information

Series: Teen Pregnancy and Parenting series

Paperback: 224 pages

Publisher: Morning Glory Press; 3rd edition (April 1, 2004)

Language: English

ISBN-10: 1932538003

ISBN-13: 978-1932538007

Product Dimensions: 5.5 x 0.5 x 8.5 inches

Shipping Weight: 9.6 ounces

Average Customer Review: 5.0 out of 5 stars See all reviews (2 customer reviews)

Best Sellers Rank: #733,600 in Books (See Top 100 in Books) #37 in Books > Teens > Personal Health > Sexuality & Pregnancy #46 in Books > Health, Fitness & Dieting > Teen Health #59 in Books > Children's Books > Growing Up & Facts of Life > Health > Sexuality

Age Range: 12 and up

Grade Level: 7 and up

## Customer Reviews

Got this for a teenage niece. She found it informative and helpful.

Great read! Bought for my daughter and this was her first baby.

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